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|  | Aut 1 | | | Aut 2 | | Spr 1 | | Spr 2 | | Sum 1 | | Sum 2 | |
| Rec | Gymnastics- Jungle | | | Dance- Dinosaurs | | Best of balls | | Dance- Til you drop | | Gymnastics- Jumping Jacks | | Games – Olympics | |
| Year 1 | Multi-Skills- Throwing & catching | | Gymnastics- Animals | Invasion- At the fair | Dance- Starry skies | Attacking & defending | Circuit training | Multi-Skills- Bat & ball | Dance- Seasons | Multi-skills- running and jumping | Gym – Traditional tales | Multi-skills- sports day | Yoga – Salute the sun |
| Year 2 | Multi-skills- Throwing & catching | Gymnastics- Landscapes & cities | | Invasion games | Dance- Gunpowder plot | Attacking & defending | Circuit training | Multi-skills- bat & ball | Dance- Plants | Multi-skills- Target games | Gymnastics- under the sea | Animal Olympics | Dance- Toys |
| Year 3 | OAA | Gymnastics- Movement | | Invasion games- Fundamentals | Dodgeball | Invasion games- football | Circuit training | Net & wall – Fundamentals | Dance - rainforest | Striking & fielding- fundamentals | Gymnastics- Shape | Athletics | Dance- Extreme earth |
| Year 4 | OAA | Gymnastics- Movement | | Invasion games | Dance- Romans | Invasion games- Rugby/Hockey | Circuit training | Net & wall games- Badminton | Dance- Carnival of animals | Striking & fielding – Cricket | Gymnastics- Shape & balance Egypt | Athletics | Dance- Water |
| Year 5 | OAA | Gymnastics- movement | | Invasion games | Dance -WW2 | Invasion games – Basketball | Circuit training | Net & wall games- Tennis | Gymnastics- shape, balance | Striking & fielding- Rounders | Dance – Eco dance | Athletics | Invasion games- Handball |
| Year 6 | OAA | Gymnastics- movement | | Invasion games | Dance-Electircity | Invasion games –Netball | Circuit training | Net & wall games- Tennis | Gymnastics- rivers & mountains | Striking & fielding | Dance through the decades | Athletics | Leadership in PE |