

# [WEEKLY MENU]



Week 1

Weeks Commencing:



Main Dish of the Day

Vegetarian Dish of the Day

Vegetable Choice

Dessert of the Day

Jacket Potato Bar

Cold Selection

Monday

Chicken in a Tomato & Basil Sauce (CE)

Roasted Tomato & Basil Pasta Bake (G, MK)

Penne Pasta (G)  
Roasted Medley of Vegetables

Apple Flapjack (G)

See Board for Details

Salad Bar  
Homemade Bread (G, SO, MK)  
Fresh Fruit

Tuesday

Beef Butcher's Sausages & Gravy (CE, G, SO, SU)

Vegetable Sausages & Gravy (CE, G)

Mash Potato (MK)  
Carrots  
Green Beans

Chocolate & Orange Cake with Chocolate Sauce (E, G, MK)

See Board for Details

Salad Bar  
Homemade Bread (G, SO, MK)  
Fresh Fruit

Wednesday

Roast Chicken, Stuffing & Roast Gravy (G)

Thyme & Garlic Roasted Quorn Fillet (G)

Baby Roast Potatoes  
Medley of Seasonal Vegetables

Fruit Jelly & Whipped Cream (MK)

See Board for Details

Salad Bar  
Homemade Bread (G, SO, MK)  
Fresh Fruit

Thursday

Chicken Korma (CE, G\*)

Vegetable Korma (CE, G\*)

Vegetable Rice  
Naan Bread (G, MK)

Iced Sponge with Berry Sauce (E, G)

See Board for Details

Salad Bar  
Homemade Bread (G, SO, MK)  
Fresh Fruit

Friday

Breaded Baked Fish with Tomato Ketchup (F, G)

Vegan Hot Dog in a Sub Roll (G)

Chips  
Beans  
Peas

Ice Fruit Lolly

See Board for Details

Salad Bar  
Homemade Bread (G, SO, MK)  
Fresh Fruit

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds \* = May Contain

MAIN - LONDON

